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...works along these ideas:

I see myself as a sparring partner and companion in different development processes. In my view development is mainly the extension of action-alternatives for individuals, teams and organisations. Following Kurt Lewin, the main challenge of leadership is the shaping of relationships rather than applying management techniques. This requires a high degree of capacity for self-reflection to bring the unconscious into the conscious in order to understand and control the surrounding proceedings. I consider myself successful when I helped my clients to fill their job with the ideal dosis of energy and with maximum (leadership-/team-) output in a powerful way – and that sustainably so in the long run.

...has professional experience as:

- Executive coach, trainer, change agent, psychotherapist (in-training)
- Executive consultant with focus on coaching and team development
- Assistant lecturer at the College of Education
- Lecturer and trainer for different business-coach and train-the-trainer programmes
- Mining geologist, mountain guide

...received the following education and training:

- Training & Development, ioa®, MSc, University of Vienna
- „Applied Geosciences“, MSc / Dipl.-Ing., Mining University of Leoben
- Advanced Studies Psychotherapy (Dynamic Group-Psychotherapy and Group-Dynamics, OeAGG)
- Person Centered Psychotherapy (propaedeutic studies in psychotherapy, VRP)
- Advanced training in body-focused intervention, crisis intervention
- Various courses and trainings in leadership, management, communication and conflict management

...is focused on:

- Leadership
- Executive Coaching
- Team Development
- Organisational Development

...speaks:

- German
- English

...has worked e.g. for:

- AVL LIST
- BIG
- BLUE TOMATO
- ENERGIE STEIERMARK
- JTI
- MAGNA POWERTRAIN
- PAYSAFE
- PORR
- RCPE
- SONNENTOR
- TIPICO
- VISOTECH

It's business. And personal.